

# THE MAC

BISHOP BLANCHET'S MULTICULTURAL AFFAIRS COUNCIL NEWSLETTER

Janah Valenzuela + 2 • 3d

## Black History Month 2021

BHM resources compiled by the BBHS DEI Team

**Events**

BBHS Student Diversity Leadership Summit March 12  
[www.bishopblanchet.org/dls](http://www.bishopblanchet.org/dls)

**Read**

Why is Black History Month in February?

**Watch**

History of Black History Month

**Listen**

Black History Month Playlist by the National Museum of African American Music

## INTRODUCING BISHOP BLANCHET'S BSU PRESIDENT: LEAH MULU '22

Hello! My name is Leah Mulu and I am currently a junior at Blanchet. I am president of the club named Black Student Union and first joined this community because I wanted to create connections with other students at school but also discuss being Black during today's society or even prior in history. This idea of advocating, teaching others about diversity and creating friendships is what really drew me in. I have been very proud of the MLK assemblies that we have developed as a club at Blanchet and through that, spread information that we think could help us all as a community, grow in knowledge. Our school's BSU is a great place for anyone to join and learn not only about others but ourselves as well, through activities, discussions, and even going to conferences!



# Diversity, Equity & Inclusion

## **LATINX STUDENT UNION SPOTLIGHT:** **PANAMA'S GRACIELA DIXON**

Chief Justice Graciela Dixon is the first woman of African descent to serve as Panama's Chief Justice. She is also one of very few women in the world serving in this type of position. Panama is a country where many women of African descent experience poverty and discrimination, but Graciela Dixon has been a leader of change and hope. Dixon dedicates her life to the pursuit of gender and racial equality for Panama and the entire world. Before she became a Supreme Court member, she graduated from University of Panama and Universidad Catolica Santa Maria La Antigua. She then spent 22 years in private legal service. She currently operates under the Panamanian Chamber of Commerce, Industry and Agriculture. She is a role model for all, especially women and people of color.



## **LEGACY COUNCIL NEWS: BOARD OF DIRECTORS FORMS** **COMMITTEE TO REVIEW BRAVES MONIKER**

The Bishop Blanchet High School Board of Directors has formed a committee to review its use of Braves as a moniker. While the school reviewed this issue in the early 90s, recent national and local events, along with the work of the school's Legacy Council, led the BBHS Leadership Team and Board of Directors to make this update a priority commencing with the start of this current school year. Over the fall semester, BBHS Leadership and Board of Directors conducted research, secured a facilitator, and finalized a roster of committee members to conduct this review process. The Moniker Review Committee, which has held six meetings to date, is comprised of BBHS board members, administration, faculty, staff, alumni, students, and American Indian and Alaska Native community member perspectives.

The fundamental question before the committee is: "What action(s) should Bishop Blanchet take concerning its Braves moniker?" Considering this question is seen as an opportunity to strengthen Bishop Blanchet's mission of "inspiring students to transform the world through a lifelong commitment to faith, scholarship and service." Moving into the spring semester, the committee will be engaging local Tribal leadership and surveying our extended community regarding this question. Please expect further communication over the course of this spring semester. In the meantime, please feel free to send in questions that you may have through [this form](#). The committee will be developing an FAQ to share with the community.

# SAVE THE DATE

## MAC VIRTUAL PARENT NIGHT

**March 16th**

Details coming over email and in the BBHS Weekly Update.

## Family Unity Night

MAC F.U.N. is *back!* This year, the MAC will host a socially-distanced picnic with music, food trucks, and, thanks to a special gift from the Class of 1965, a movie on Mickey Naish field!

Do you have a **favorite food truck?** Add it to the form [here](#).

**May 21st**



## Class of '65 raises nearly \$1000 for DEI events

**7 Days, 7 Ways**

**April 26–May 2**

DEI is now a category for Brave Fund designation. If you are considering donating to the [Brave Fund](#), consider earmarking it to the DEI program!

THIRD ANNUAL *Virtual*  
**Diversity Leadership Summit**

**MARCH 12TH FROM 9:00-3:00**

DLS SUMMIT ORGANIZERS: MS. LAURA MEAUX AND MS. JANA VALENZUELA

We are excited to be hosting our third annual Diversity Leadership Summit at Bishop Blanchet. Not only is this our first ever virtual DLS, but it's our first ever DLS with attendees from several Catholic schools around Seattle and Spokane. We are so excited to learn and grow together as we gather online to become better leaders and change makers in our communities.

**BE THE  
light**

This year's theme, "Be the Light," is inspired by Amanda Gorman's inspirational poem "The Hill We Climb" read at this year's presidential inauguration. Ms. Gorman reminds us that we are never too young to make change and make a difference. Together with our outstanding guest speakers, workshops, affinity groups, we hope students find this year's DLS a source of inspiration to "Be the Light" in their school communities and beyond.

*Featuring*

**ERIN JONES**

**CHRISTIAN PAIGE**

**SONDRA SEGUNDO**

**AYAKA DOHI**

**VISHAVJIT SINGH**

**RASHAD NORRIS**



## COOKING WITH KIRA

IN THE MOOD TO TRY A NEW RECIPE? JUNIOR KIRA BIFONE HAS YOU COVERED WITH HER FAVORITE **RAMEN**

1. Mince your garlic and ginger and cut your green onions
2. Pour your water or broth into a small pot on medium heat
3. Drop your garlic, green onions, and ginger into the pot
4. When it starts to boil put in your ramen noodles without the sauce packet and cook according to the package
5. In the last minute add your Bok Choy and Tofu
6. Pour into bowl, add spinach, and top with some green onions for decoration

### Ingredients

1 packet of ramen (the kind with sauce or just plain noodles)  
1 ½ - 1 ¾ Cup water or broth (Chicken, Beef, or Vegetable)  
~1 teaspoon ginger (fresh or powder)  
1 large clove of garlic (fresh or powder)  
Optional: 1-2 handfuls of Spinach  
½ - 1 head of bok choy  
Chopped tofu

# Read. Watch. Listen.

## RECOMMENDATIONS FROM MAC MEMBERS



**MS. NEWMAN RECOMMENDS**

### **UNCOMFORTABLE CONVERSATIONS WITH A BLACK MAN**

BOOK BY EMMANUEL ACHO

"Acho does an amazing job of laying out complex issues in a concise, easy to understand way. A great primer in the fight against racism."



**CELIA CONNOR '21 RECOMMENDS**

### **13TH**

DOCUMENTARY FILM BY AVA DUVARNEY

"13th analyzes the rise of mass incarceration in the United States and the criminalization of Black Americans. Thought-provoking and educational."



**MS. CHRISTENSEN RECOMMENDS**

### **BARATUNDE THURSTON: HOW TO CITIZEN**

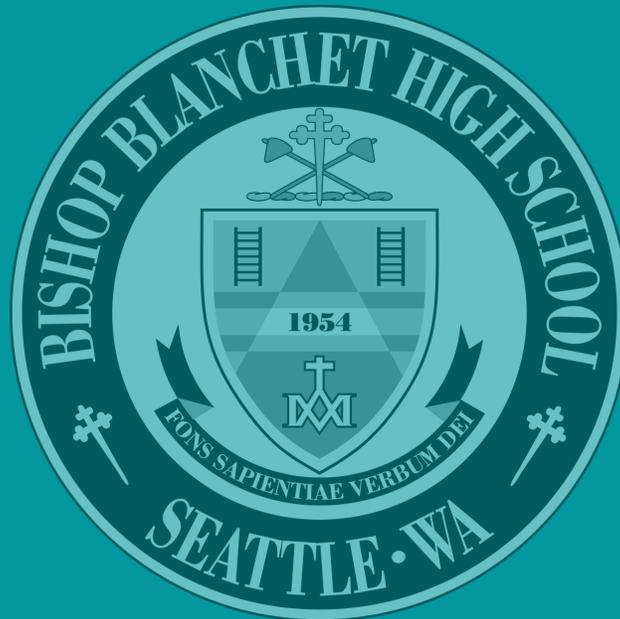
TED RADIO HOUR PODCAST

"Baratunde curates this episode to explore how we move forward after so much hate and division. Features talks by Valerie Kaur and Seattle's own, Eric Liu."

Click [here](#) for more recommendations

# MAC Parent Resource Guide

[Click here](#)



Our quarterly newsletter centers on the Multicultural Affairs Council's mission to make all members of the Bishop Blanchet community feel welcome, celebrated, and safe, with a focus on students and families of color.